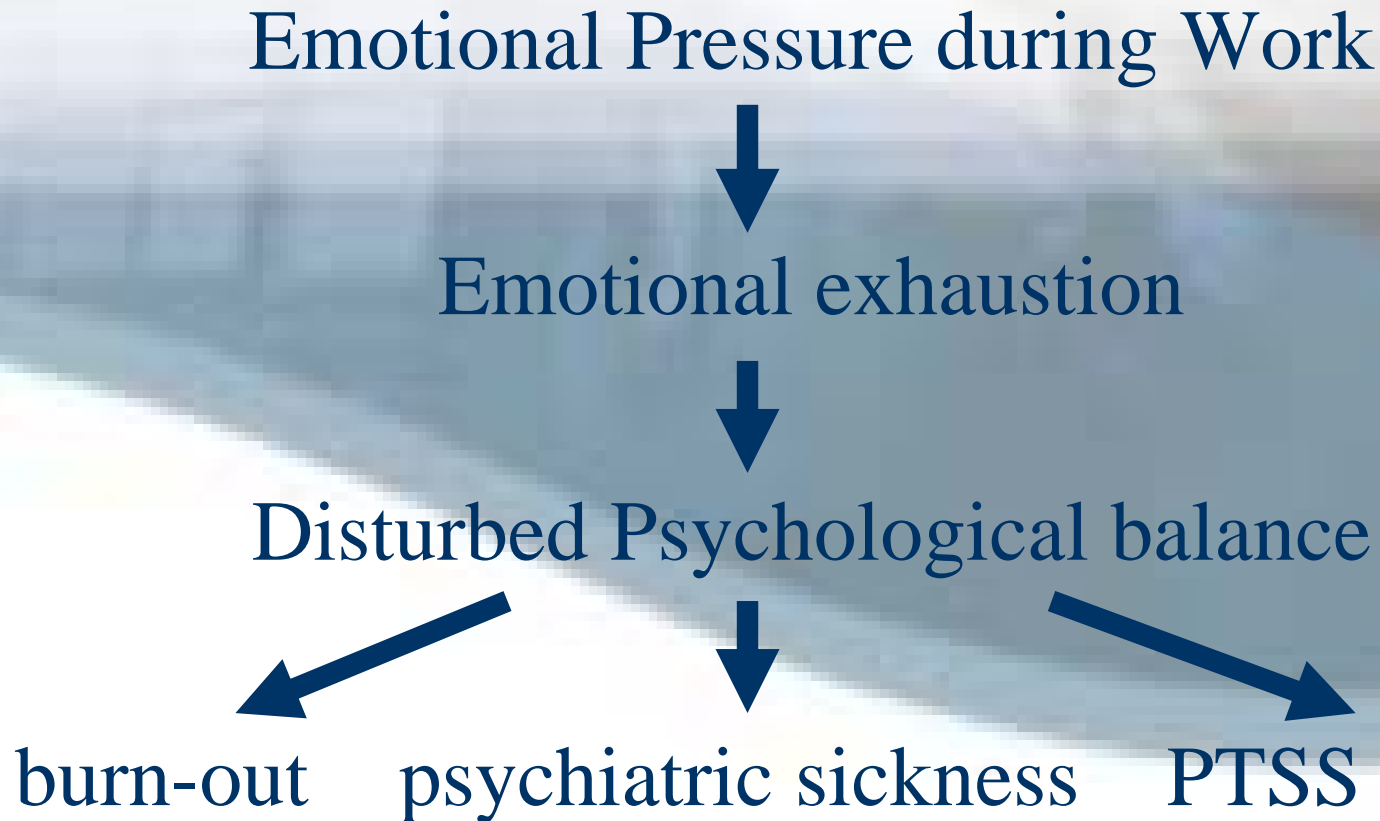


Coping and Emotional Pressure

coping strategies and emotional pressure in
group leaders in child and juvenile psychiatry

Olaf Timmermans

Coping en Emotionele belasting



Personal Characteristics

Environmental Characteristics

Stressors

Stress experience

Stress reaction

Stressfull situations
Disappointents
Emotional draining

Emotional Pressure

Job experience
Burnout

Coping

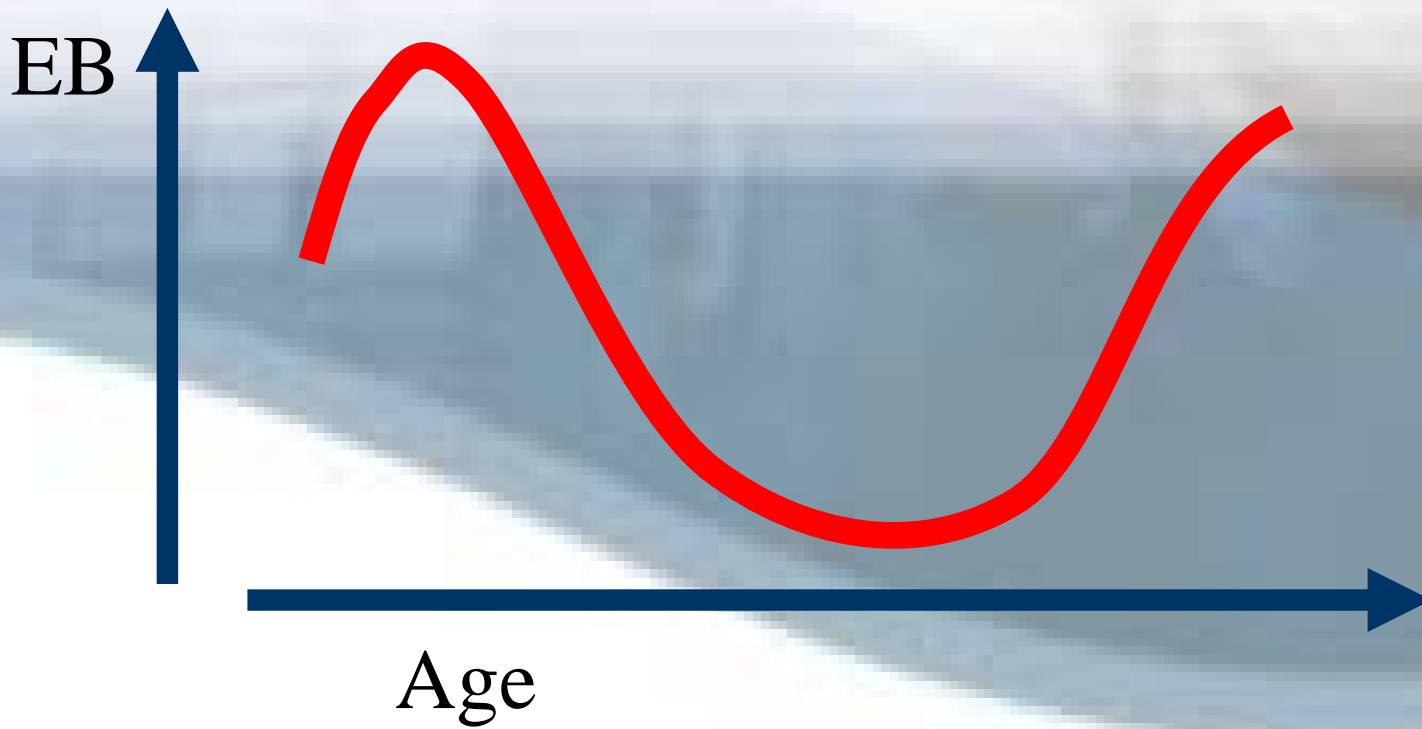
- Coping;
 - Copingstyles
 - active coping
 - passive coping

active coping

low emotional burden

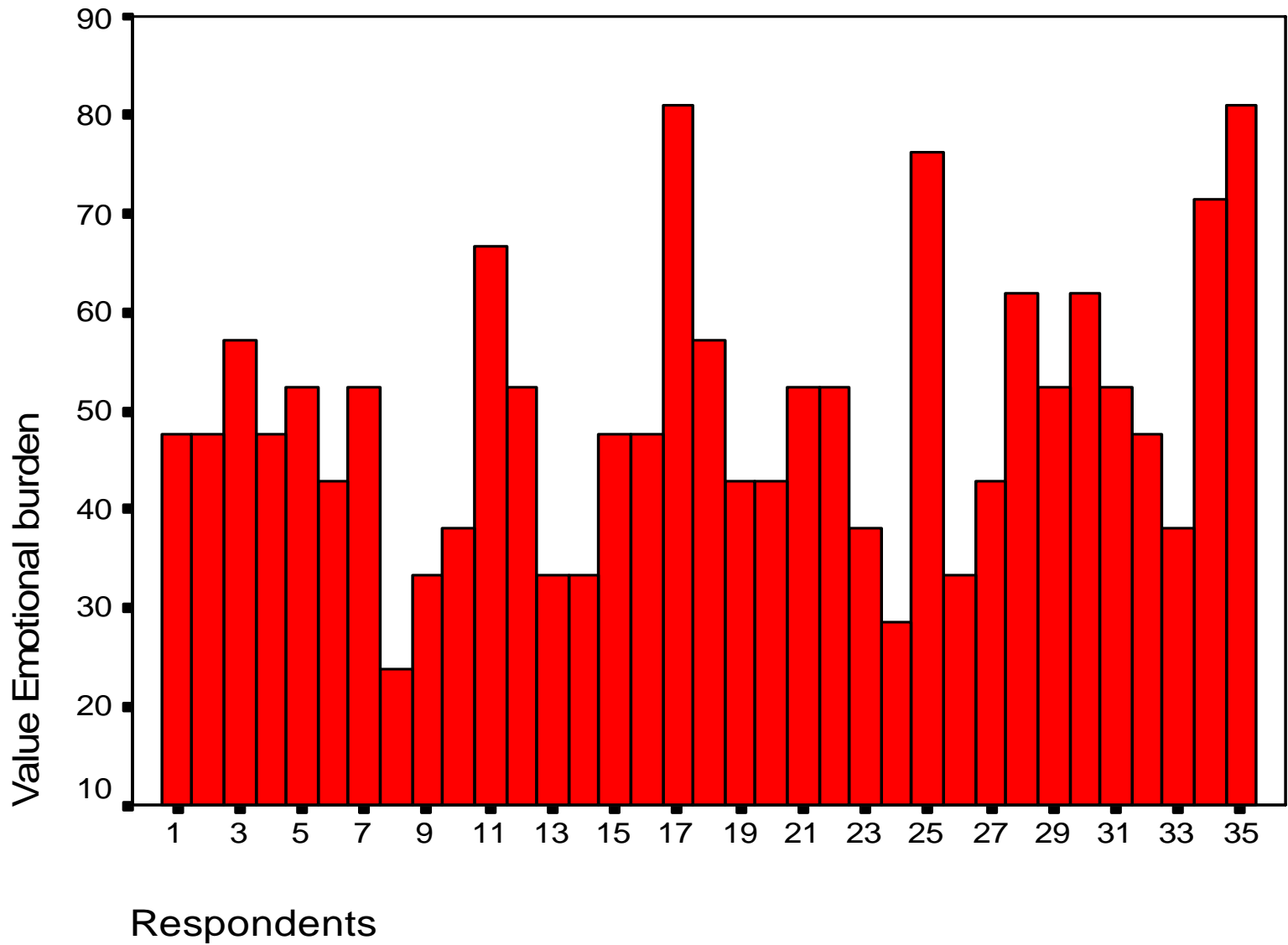
passive coping

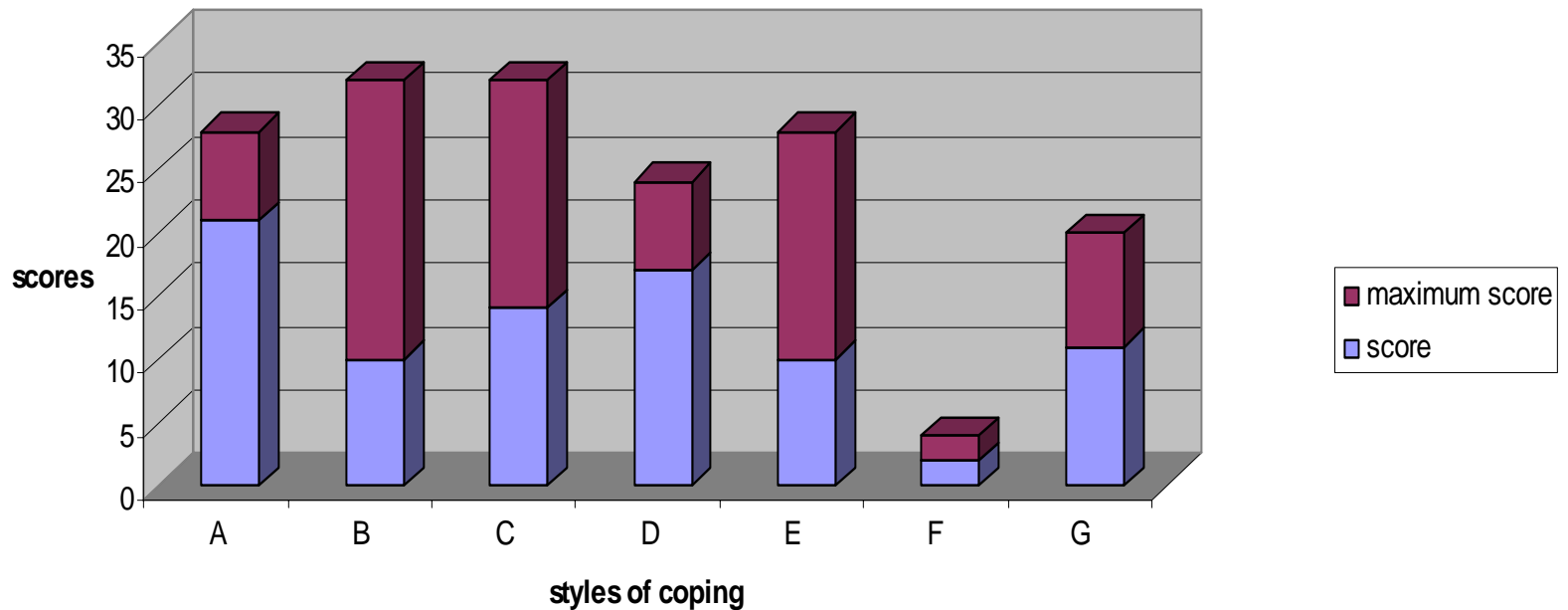
high emotional burden



Instrument	Variables	
Backgrounds	Personal Characteristics	Socio-demographic variables (6)
	Environmental Characteristics	Type of Ward (5)
Styles of Coping	Utrecht Copinglist	Coping styles (7)
Emotionale Burden	Subscale VBBA	Statements (7)

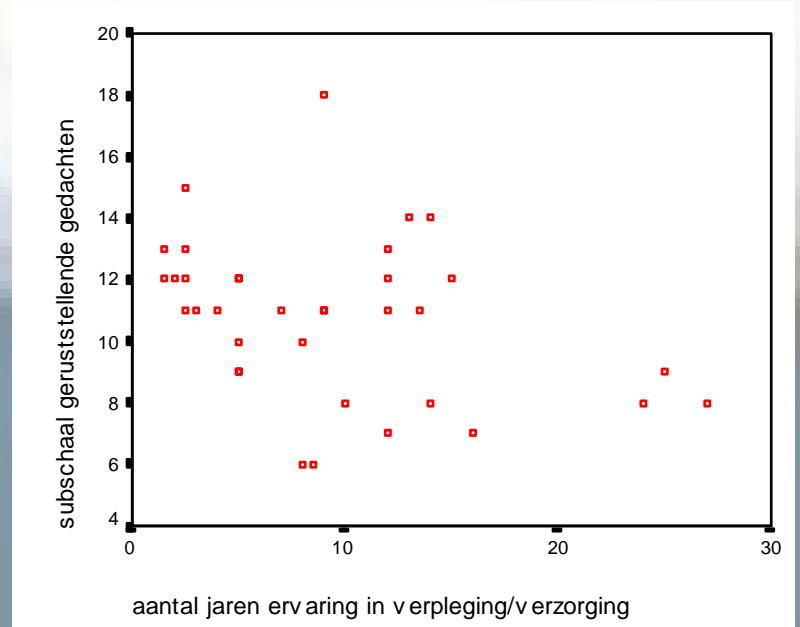
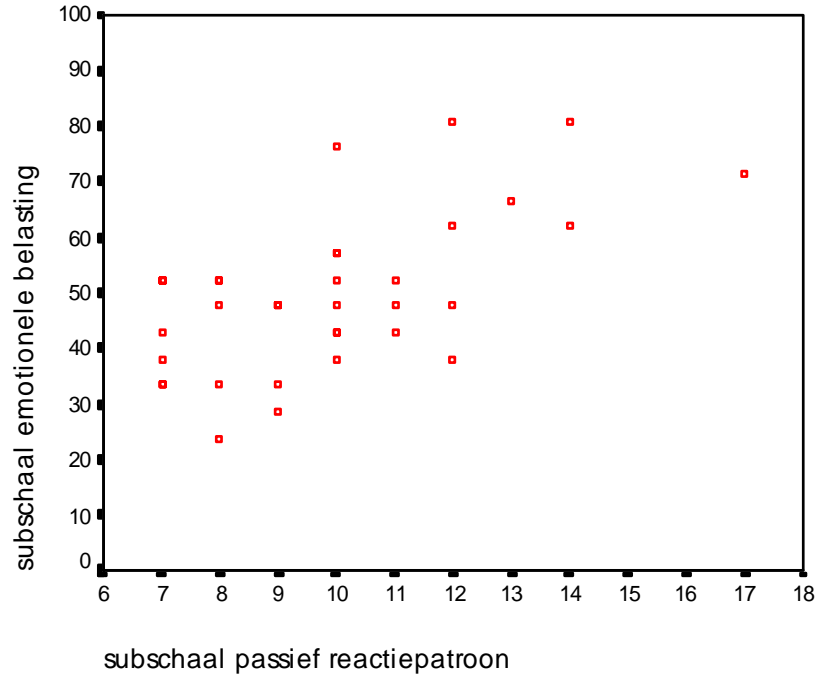
- Data-analyses
 - 5 subquestion correlation:
 - Scatter plots
 - Correlation analyses
 - interval/ratio: Pearson correlation coefficient
 - ordinal: kendall's Tau
 - nominal: vergelijken gemiddelden
 - Normal distribution: compare averages: *t-test*
compare averages *F-test*
 - No normal distribution: Mann-Whitney test
Kruskall-Wallis test





- A = Active problem-focusing
- B = Palliative reaction pattern
- C = Avoidance behaviour
- D = seek social support
- E = Passive reaction pattern
- F = Expression of emotions
- G = Comforting cognition





Conclusions of this Study:

- Female Nurses
- Bachelor education
- Long stay ward
- passive style of Coping
- High Risk Emotional Burden